



GO

The **JOURNEY**
to **BIBLICAL**
MANHOOD

Guidebook



A FOUR-WEEK STUDY FOR MEN

FOR THE GROUP FACILITATOR

This study is designed to be done over four weeks in a men's group setting. Each week's session can be completed in a 75- to 90-minute meeting, consisting of:

- Greeting, catching up, and/or icebreaker activity (10-15 minutes)
- Video teaching (25 minutes)
- Recap of previous week's reflection questions (10 minutes)
- Group discussion (20-30 minutes)
- Prayer requests and closing (10 minutes)

When leading discussion, it's more important to talk about "real" things you're all dealing with than it is to get to every single question. Aim to keep the conversation personal and practical, as opposed to theological and theoretical. The goal is air time for every man, every week.

Remember—you don't have to be a teacher or Bible scholar to lead a group. The most important parts of your role are to show up, help facilitate discussion, and show guys you care. Give each man a quick call or text every week to remind him of your meeting and check in with him.

Between meetings, there are five daily readings for guys, which allows for two days off, such as Sunday and the day of the group meeting. Each daily reading has reflection questions and space for writing. Encourage men to complete these each week.

Ready to GO? Let's take the journey!

THE FINE PRINT

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ON-RAMP

THE BIG IDEA

The turning point of our lives is when we stop seeking the God we want and start seeking the God who is.

Hear then the parable of the sower: When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what has been sown in his heart. This is what was sown along the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy, yet he has no root in himself, but endures for a while, and when tribulation or persecution arises on account of the word, immediately he falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the deceitfulness of riches choke the word, and it proves unfruitful. As for what was sown on good soil, this is the one who hears the word and understands it. He indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.”—Matthew 13:18-23

By this my Father is glorified, that you bear much fruit and so prove to be my disciples. — John 15:8

*Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.
—1 Peter 5:8*

NOTES

SAMPLE



GROUP DISCUSSION



- What has been your experience with the rat race?
- Which of the four men in Matthew 13:18-23 best describes your life right now? How does God provide for you to “hear, understand, and produce a crop” like the man described in verse 23?
- Today’s Big Idea is, “The turning point of our lives is when we stop seeking the God we want and start seeking the God who is.” Where are you on your spiritual journey today? Have you reached that turning point? Explain your answer.

PRAYERS FOR MY BROTHERS...

SAMPLE